

CINDY WHITE ZWICK, C.S.

Dear Friends,

Who's the real you? Do you see yourself as vital and strong, worthy of respect and happiness? Or do you spend time beating yourself up, feeling marginalized and weak? Maybe you start the day feeling fine, but work or personal interactions cause your self-worth to spiral downward. If so, you don't have to spend another day being pushed around by limiting thinking. During our session we'll explore how to defend your true identity and individuality, and how this understanding brings lasting peace. Be prepared to roll up your sleeves....you'll come away with strong tools you can use to claim your spiritual right to flourish.

To prepare for our time together, please ponder Ps. 37:37 "Mark the perfect man, and behold the upright: for the end of that man is peace." (King James Authorized).

Also, if you have any special concerns regarding identity issues that you'd like me to address, please send me an e-mail or letter at the address below. And if you've had a healing that you'd like to share, please send it along as well.

I'm so looking forward to our time together,

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